TEACHING TEENS HOW TO BE HAPPY, HEALTHY & RESILIENT
This fiscal year will mark great change in the life of this organization. We learned what it means to go lean, become more efficient and still carry out our mission of improving teen lives. We revamped our website, bringing it in line with the technological demands of the times. Our gala boasted the tightest budget and the highest net revenue to date. We’ve expanded on the early success of HealthCorps University. A third of our impact numbers since 2003 were reached in FY2016. As you read through this report, I hope that you find that our evolution was buoyed by one of the founding principles of HealthCorps – resilience. It’s what we teach our students, and it’s what lies at the heart of our company’s culture.

One of the great assets of HealthCorps is our fearlessness at trying new things. Every year we set out new initiatives and campaigns. We reach out to more people, and we really try to make our message heard in innovative ways. In this vein we welcomed five new members into our board of directors, strengthening our connection with corporations across America. We have started fundraising with small events, and we have pushed to get life-saving interventions — like the Texas Two Step CPR training — into our schools. At its core, HealthCorps is and always will be a life-saving initiative — one that sees students as vectors of positive change for their communities and ultimately, the nation.
Our Story

BEGINNINGS

HealthCorps was designed in 2003 as a 10-month pilot in partnership with Columbia Presbyterian Hospital as a response to “Healthy People 2010” – an initiative of the U.S. Department of Health and Human Services to advance a nationwide disease prevention agenda that included fighting childhood obesity. As a result, cardiothoracic surgeon, Dr. Mehmet Oz, and his wife, Lisa, founded the educational program based upon the pilot under the auspices of the Foundation for Advanced Cardiac Therapies (“FACT”), a Palm Beach, Florida-based 501c3 organization.

In 2004, HealthCorps launched a lunchtime workshop, at George Washington Educational Campus in Washington Heights, New York, led by “HealthCorps Coordinators” – recent college graduates with an interest in health careers who serve as peer-mentors. These Coordinators were trained and supervised by staff from the Touro College Children’s Health Education Foundation. A second school, Cathedral High School in Manhattan, was added to the pilot in 2005. By 2006, the HealthCorps network grew to six schools in New York City as well as the Academy of the New Church in Pennsylvania and Cliffside Park and North Bergen High Schools in New Jersey.

WHY TEENS?

HealthCorps chose adolescents as its major focus in order to maximize the impact of its programming. Teenagers are often: significant family purchase influencers, family caregivers and autonomous buyers with some expendable income. They also have great capacity to influence a large network of peers.
CREATING LIVING LABS & THE FIRST WRITTEN CURRICULUM

In 2007 HealthCorps embarked on a national rollout, extending its health education and mentoring program to 36 schools, including 29 in New York City, two in New Jersey, one in Florida, and one in Pennsylvania. In the same year, the organization incorporated as a 501(c)(3) in New York under its own name “HealthCorps, Inc.” and closed out the Florida-based 501(c)(3), FACT. By this time all Coordinators were expected to serve full-time, five days a week during the school year teaching both in and out of the classroom. HealthCorps realized that along with delivering curriculum, the program and its network of schools serve as a unique opportunity for discovery of how best to communicate with and understand teens, identify best practices for behavioral change and identify effective regional, state and federal school policy. Thus, the name “Living Labs”.

To meet the demands of a thriving program, HealthCorps staff and Board members developed the first written curriculum – combining lessons created by the original nine coordinators with content from the YOU™ book series authored by HealthCorps Chairman Dr. Mehmet Oz and Advisory Board Member Dr. Michael Roizen of the Cleveland Clinic.
Since 2008, as HealthCorps continued to expand into more schools across the US, the curriculum has been regularly updated and informed by the field. HealthCorps staff, board members, and coordinators are vital to curriculum creation and have edited lessons based on their expertise or practical experiences in the classroom. In order to further enhance the curriculum components, HealthCorps partners and has partnered with evidence-based programs such as Teen Battle Chef from FamilyCook Productions, the Alliance for a Healthier Generation, Sahaja Meditation, Hawn Foundation and Cooking Matters.

Through the HealthCorps curriculum evolution, emphasis is increasingly placed on, students developing knowledge as well as skills. Research has demonstrated that developing skills is key to supporting behavioral changes for all ages.

The core curriculum is comprised of an introduction to the program and its methodology followed by twelve lessons broken into four units that focus on skills for:

- **A HEALTHY MIND**
- **A HEALTHY BODY**
- **HEALTHY EATING**
- **A HEALTHY YOU (SELF-CARE)**

Also included is a supplemental library of approximately sixteen lessons on healthy living for use at the facilitator’s discretion.

Coordinators lead lessons both in and out of the classroom, as well as after school through clubs (e.g. cooking, fitness and youth empowerment) and other activities.

On the individual level, the curriculum and activities are intended to build resilience and leadership skills as well as raise awareness of healthy behaviors and foster positive change. On the school and community level, HealthCorps programs are intended to promote positive changes to the environment and to policy – and to ultimately be absorbed into the culture of the community.
Activism and experiential learning are an important aspect of HealthCorps programming. Students plan and participate in school-wide and community extracurricular activities such as health fairs, walking contests, staff development seminars, gardening, food demonstrations, service projects and much more. HealthCorps activities challenge students to share the knowledge and skills they have learned with their friends, families and communities and to change their world for the better. School and community-wide activities are interspersed throughout the school year as a part of the HealthCorps experience to enhance lessons taught in the classroom.

Each HealthCorps Living Lab also partners with mission-aligned organizations on a local level such as MD Anderson Cancer Institute’s ASPIRE Program (Houston, TX, 2013 – 2016) and The Sacramento Food Bank (Sacramento, CA, 2010).
In 2013, in response to requests from educators for training in the curriculum, HealthCorps piloted a secondary professional development program called “HealthCorps University” in California with the Sacramento Unified School District. The program was chosen as one of twelve to receive pro bono consulting services to affirm its efficacy as a part of the Morgan Stanley Strategy Challenge.

SCALING THE PROGRAMS

By this time the Living Labs program had expanded to 62 schools across 13 states and the District of Columbia. The organization also established a partnership with CK12.org to provide a free digitalized version of its curriculum so schools without HealthCorps programming could still benefit from the organization’s discoveries.

In 2016, the HealthCorps Board and staff made the strategic decision to cap the Living Labs around the country to no more than 20-30 schools in order to focus on scaling its impact through HealthCorps University. Effective techniques and best practices in the Living Labs continue to inform the HealthCorps University program. Since its inception in 2003, through both its programs, HealthCorps University and the Living Labs have impacted approximately two million students. A total of 261 young people have served as Coordinators, the majority of whom have gone on to medical school. A total of 144 high schools across America have served as Living Labs.
CURRENT CURRICULUM EDITION

This 5th edition of the HealthCorps curriculum has been significantly enhanced as the result of a research project begun in 2013 in partnership with the Albert Einstein School of Medicine and Family Cook Productions. The project was funded by the National Institute of Health ("NIH") through the National Institute of Diabetes and Digestive and Kidney Diseases ("NIDKK").

One of the key project objectives is to disseminate the USDA Dietary Guidelines for adolescents and utilize student leaders to share skill-based strategies for adhering to them, to make these healthy behaviors more socially desirable among youth.

EVALUATION AND RESEARCH

To date, research and program evaluation conducted and funded by Affinity Health Plans, the NIH/NIDKK/Albert Einstein School of Medicine, HealthCorps and the Desert Healthcare Foundation have demonstrated that weekly participation in HealthCorps through the curriculum is associated with increased physical activity, self-confidence, consumption of fruit, vegetables and water and decreased consumption of soda.

Research and evaluation have also shown that HealthCorps is significantly impactful when working with other non-profit program partners to enhance their outcomes. Evaluating the quantitative and qualitative effects of both the HealthCorps Living Labs and HealthCorps University programs is an ongoing process aimed at ensuring greater impact into the future.
BUILDING RESILIENT TEENS

“Over the years, HealthCorps has impacted over 1.8 million American teenagers in high-need high schools. These students learn to see adversity as a challenge that can be overcome. One classroom at a time — one student at a time — we make America’s youth more resilient, healthier and ultimately happier.

— Michelle Bouchard, HealthCorps President
HEALTHCORPS UNIVERSITY (HCU) TRAINING

90
HCUs CONDUCTED

614,213
STUDENTS IMPACTED

TOTAL IMPACTED FY 2016: 640,613
TOTAL IMPACTED TO DATE: 1.84 M
HIGH SCHOOL LIVING LABS

44 SCHOOLS

26,400 STUDENTS IMPACTED
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<th>State</th>
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This year we celebrated the 10th Annual Garden Gala by going bigger and bolder. We attracted close to 750 wellness influencers, celebrities, medical practitioners, institutional and individual philanthropists, all whom joined together to raise close to $1m in support of HealthCorps’ mission.

We launched the first ever Junior Gala Committee chaired by Daphne Oz and John Jovanovic, who helped with gala outreach to encourage younger supporters to join the HealthCorps family. The committee granted its first scholarship award at the gala to HealthCorps student Mysha Jemi from Aviation Career and Technical Education High School, Queens, New York.

The evening kicked-off with the Festival of Health Reception featuring booths from businesses, organizations and HealthCorps supporters from all over the country. During dinner, HealthCorps honored four individuals for their outstanding efforts in promoting health and wellness among America’s youth. The 2016 Golden Heart honorees were YouTube star, Eva Gutowski, Anthem President, Pamela Kehaly, Omron Healthcare Inc. CEO, Ranndy Kellogg, and Celebrity Chef Rachael Ray, each of whom noted the importance of HealthCorps’ mission.
Yvette and Joel Mallah Crystal Heart Apple Award recipient Dr. Freda Deskin receives award from Chef’s Rocco DiSpirito and Candice Kumai

2016 Golden Heart Honoree Eva Gutowski

2016 Golden Heart Honoree Rachael Ray

Dr. Oz and choreographer Stepp Stewart during the opening act

2016 Golden Heart Honoree CEO Ranndy Kellogg, Omron, Inc., and Dr. Oz

USANA CEO, Dave Wentz, Chief Communications Officer Dan Macuga, and Dr. Oz
HealthCorps founder Dr. Oz and Jennifer Olmstead from California Walnut Board

HealthCorps’ ambassador Montel Williams and Tara Williams

2016 Golden Heart Honoree Pamela Kehaly

HealthCorps Junior Committee chairs Daphne Oz and John Jovanovic on stage presenting check to HealthCorps Scholarship recipient Mysha Jemi

HealthCorps Advisory Board Co-Chair Dr. Julie Cho and Donna Mangubat

Legendary Actor and Singer Ben Vereen entertaining guests

Yvette and Joel Mallah Crystal Heart Apple Award recipient Principal Robert Gasparello
In FY 2016, HealthCorps engaged in a strategic plan to increase its impact and reach through the HealthCorps University program. We launched two grant funded HCU summits this year – in Palm Desert, California and New York City, New York.

HEALTHCORPS UNIVERSITY COACHELLA VALLEY SUMMIT

The HealthCorps University Coachella Valley Summit, held on May 21st, 2016 in Palm Desert, California, attracted close to 80 participants from the region including educators, wellness leaders and students. The summit brought together school districts and community partners from across the Coachella Valley region. The event was funded by Desert HealthCare District, The California Endowment, and The Rap Foundation.

Three school districts, Palm Springs Unified School District, Desert Sands Unified School District, and Coachella Valley Unified School District, were represented at the event. Community partners included, Borrego Health (FQHC), Leadership Counsel for Accountability and Justice (health equity advocacy organization), Operation Safe House of the Desert (trauma, mental health services for young adults), California State University San Bernardino, Palm Desert campus (local university) and a local community college – College of the Desert.

Five out of seven Health Academies in the region participated. It was the first time that both teachers and students were brought together to collaborate and support each other’s wellness activities without competition.

PRAISE FOR HEALTHCORPS UNIVERSITY

“I felt the HCU training was an invaluable experience. There’s no question that it expands our team’s skill sets in further positioning Aramark as the “go-to” personnel in our districts when it comes to sharing information about being ‘healthy for life.’ “

- Dr. Gwendolyn High, Vice President of Community Relations & Education, Aramark

“We cannot thank you enough for the wonderful day of training you provided our folks. Rave reviews all around... LA’s Promise LOVES HealthCorps University!”

- Claudia Keller, Chief Program Officer, LA’s Promise, Los Angeles, CA
HCU CA – Maria Smith from Coachella Valley High School talks about her experience in the health academy partnering with HealthCorps.

HCU CA: Students from Coachella Valley and Desert Mirage High Schools learn about social determinants of health and how they can best transform their communities.

HCU CA – Mariela Magaña from the Leadership Counsel for Justice and Accountability. Mariela is a former HealthCorps Coordinator.

HCU CA – Students at the HCU Summit in the Coachella Valley get ready for the next round of informational and interactive sessions!

HCU CA – Students seek out community resources in the cvHIP Treasure Hunt Challenge.
HEALTHCORPS UNIVERSITY SUMMITS

NYC HEALTH AND WELLNESS SUMMIT

On June 18th, 2016 HealthCorps hosted the NYC Health and Wellness Summit, held at Avenues: The World School. The NYC Department of Health and Mental Hygiene funded the event, which aimed to empower youth leaders and educators to learn practical, impactful and engaging strategies to improve the health of their schools and communities.

Approximately 50 educators and student leaders attended the event.

HealthCorps’ NYC coordinators played a huge role in the summit from coordinating interactive booths to leading or co-facilitating workshops throughout the summit. In addition, many brought their students to participate and help lead the booths.

Survey data collected at the end of the event revealed overwhelmingly positive results.

96% of respondents felt that
• The objectives of the summit were clearly defined
• Participation and discussion were encouraged
• Content was organized and easy to follow
• Materials distributed were helpful
• Training topics were interesting
• Training experience would be useful in their work
• Facilitators and speakers were knowledgeable
• Survey respondents would recommend the HCU summit to others.

“Before they left, some educators asked me when the next one would be so they can bring more colleagues with them. I believe that this event was highly successful and one that we should replicate again and perhaps in other parts of the country.”

– HealthCorps University Program Director (FY 2016), Briana Webster
Attendees had a great time at the photo booth at the HealthCorps NYC Health and Wellness Summit.

Left to right – Coordinator Lizzie Gass poses with her students. Living Labs Program Manager, Jess Siler poses with AmeriCorp volunteer. Below: NYC educators pose with our social media healthy props.

Briana Webster, HCU director, leads an introduction to the Summit.

Caileigh Feldman holds a relaxation demonstration with NYC educators and HealthCorps students.
Disco Party
HealthCorps’ 2016 challenge to “try new things” took us back into the 70’s. HealthCorps guests including board members and long-time supporters, boogied the night away to raise money at the HealthCorps disco party held at AVENUE New York City.

“Part of our new development strategy is to have more small-scale fundraisers across the country. This helps us diversify our fundraising efforts, instead of just focusing on corporate, government and foundation outreach,” shared Michelle Marquez, HealthCorps newly appointed Chief Operating Officer. “Fundraising is such an important aspect to all that we do, and, the more we money we raise, the more children we help,” she added.

Highlights included a dance-off where guests got to show off their best 70’s dance moves, a costume contest and a selfie photo booth.

Our groovy sponsors for the night were: Punzone Organic Vodka, Nestle Pure Life Water, Saranac, Madison Avenue Chiropractic Center, Broadway Across America, Oasis Day Spa and DJ Miss Behavior. Thank You for making the event a success!
ASTEC Charter Schools in Oklahoma City, OK, hosted Continental Resources Day to thank Harold Hamm and the company he founded, Continental Resources, for funding four years of HealthCorps at ASTEC High School.

The event on March 31, 2016 was held in conjunction with the school’s annual health fair themed “Journey to Healthy Island.”

During the morning ceremony, students presented Continental’s Vice-President of Public Relations, Kristin Thomas, a scrapbook highlighting the past four years of HealthCorps at the school, as well as letters of appreciation from community members and the school board.

Mick Cornett, the Mayor of Oklahoma City, presented a citation to Continental Resources and HealthCorps inaugurating March 31st as Continental Resources Day and honoring HealthCorps for its work in ASTEC High School.

“Continental Resources not only transformed the culture of a school, it gave us a lasting and impactful footstep into the State of Oklahoma and the Southwest.”

– Michelle Bouchard, HealthCorps President
ASTEC staff, HealthCorps students, and the ASTEC HealthCorps coordinator pose in front of the HealthCorps Journey to Health Island banner. “Journey to Health Island” was a tropical themed health fair in conjunction with Continental Resources Day.

Pictured from left to right: Megan Ling, HealthCorps Coordinator 2014-2016; Ryan Fightmaster, HealthCorps Coordinator 2012-2014; Brad Martin, ASTEC Board Chair; Mayor Mick Cornett, Oklahoma City Mayor; Michelle Bouchard, President of HealthCorps; Karen Buonocore, VP of Education HealthCorps; Lesley Martin, Continental Resources Director of Community Relations & Events; Kristin Thomas, Continental Resources VP of Public Relations; Dr. Freda Deskin, CEO, Founder, and Superintendent of ASTEC Charter Schools.
On February 6, 2016, HealthCorps co-hosted the “Texas Two Step: Save a Life” event which trained 4200 individuals with over 650 medical students participating as coaches in over 53 locations in nine major cities across the state.

The event offered participants training on how to act quickly by calling 9-1-1 and then initiating hands-only CPR with chest compressions. The event reinforced Dr. Oz’s earliest vision of the program as one that teaches emergency medicine skills as well as life skills.

Sharpstown High School, the HealthCorps sponsored site, trained the most individuals with over 600 participating. This includes students, teachers and members of the local community.

The event was organized by medical students from across Texas who partnered with HealthCorps, the Texas College of Emergency Physicians, the Texas Medical Association, MaveRx Leadership Consulting and the American College of Emergency Physicians. Training locations included multiple sites in Austin, College Station, Dallas, El Paso, Fort Worth, Galveston, Houston, Lubbock and San Antonio, Texas.
In 2010, HealthCorps joined the effort to elevate health and physical education in federal education law by the American Association of Health Physical Education Recreation and Dance (AAHPERD), now known as SHAPE America.

As an organization HealthCorps met with numerous policy makers, Members of Congress and Congressional Staff educating them on the state of health and physical education in our nation’s schools.

On December 9th, HealthCorps rejoiced with the rest of the nation as the U.S. Senate joined the House in passing the Every Student Succeeds Act (ESSA), which is a reauthorization of the Elementary and Secondary Education Act (ESEA), replacing No Child Left Behind. President Obama signed the bill into law the next day.

As a result, the role of both school health and physical education has been elevated and acknowledged as part of a student’s “well-rounded” education. The term well-rounded education replaces the term “core subjects” that was used in previous ESEA proposals. Designation as part of a well-rounded education means that school districts and schools will have the opportunity to utilize federal funds for physical education and health programs, something that was limited under No Child Left Behind. In addition, school health, physical education and physical activity programs will have access to significant funding under Title IV of the bill.

The passing of ESSA was not just a significant victory for HealthCorps. It was a victory for all students across America. Federal lawmakers finally recognized the importance of health and P.E. in a student’s education — something HealthCorps, parents and educators have long understood.

Jasmyne Jackson, HealthCorps’ coordinator at the Ginn Academy was invited to speak about her experiences at a Congressional briefing hosted by U.S. Representative Marcia Fudge (D-OH) and U.S. Senator Kirsten Gillibrand (D-NY). She provided Capitol Hill with real class room examples of the devastating impact of a lack of health and physical education while also giving them examples of how it is possible to turn the health of young Americans around.

At the Annual Gala, HealthCorps gave a special award to longtime HealthCorps Chief Communications Officer Karen Johnson – who worked tirelessly on Capitol Hill to move this legislation forward.
NEW WEBSITE LAUNCH

Along with the debut of a new look and feel, the new website repositioned HealthCorps as “the expert on teens.” Functionality wise, the website was revised to be mobile friendly, adding a search bar and a more prominent donate button. Major focus was also given to the content of the website, with all departments pitching in to create contents for their section.

“The website overhaul was part of a broader marketing strategy to really tell the story of HealthCorps through great content. Though we started as an organization on a mission to end obesity, we have now become an organization that works for teen health and happiness.”

– Henna Haroon, Marketing Director

HEALTHCORPS IN AMERICA

This year, “HealthCorps In America”, a short documentary featuring the program at Sharpstown High School in Houston, Texas, aired nationally on Fox Business Network and regionally to 51,647,710 public television viewers across the country.

Watch the video: https://www.healthcorps.org/resources/videos/healthcorps-in-america/
As part of our continued effort to position HealthCorps as the expert on teens, the organization began conducting biweekly polls on hot button health issues in our schools. HealthCorps’ direct access to high school students through our Living Labs programs gives the organization a unique opportunity to better understand the thought process and attitudes of today’s teens.

Polling is conducted by HealthCorps coordinators with their students using clickers to maintain anonymity. The data is then compiled, analyzed and shared with the media.

HealthCorps is in a unique position to listen to and learn from what teens think about issues ranging from politics to technology. Teens’ opinions and insights help us not only shape our programming, but we share those insights with influencers and thought leaders in hopes that they too can learn from our nation’s high school students.

– Karen Johnson, Chief Communications Officer

HIGHLIGHTS FROM STUDENT POLLING RESULTS

How often do you cook for members of your family?

- Never: 36%
- Some time or all of the time: 64%

If you were president, which of the following would you prioritize?

- Mental Health: 45%
- Nutrition: 31%
- Physical Education: 24%
HEALTHCORPS STUDY:
CURRICULUM IMPROVES TEEN LIFESTYLE KNOWLEDGE

In February 2016, the Journal of School Health published a study* confirming the Living Labs’ positive impact on students and educators and the significant change it had on schools’ overall wellness culture.

The journal article, highlighting an Albert Einstein School of Medicine study, concluded that HealthCorps’ program significantly increased participants’ knowledge of nutrition, mental health and physical activity. It also showed an increase in the intake of fruits and vegetables and breakfast consumption. Additionally, it showed a decrease in the intake of sugar, sweetened beverages and energy-dense food (typically high in calories and unhealthy fats). This was HealthCorps’ second publication in a peer-reviewed journal.

“Students, who participated in the HealthCorps program, increased their knowledge related to nutrition, mental health, and physical activity. Several key behavioral domains, which are targets for addressing obesity in youth also improved.”

Dr. Judith Wylie-Rosett, Principal Investigator,
Albert Einstein College of Medicine

* “Behaviors and Knowledge of HealthCorps New York City High School Students: Nutrition, Mental Health, and Physical Activity”, Albert Einstein College of Medicine/Montefiore, Moonseong Heo, PhD.
After serving two years in some of the most impoverished schools in America, Healthcorps alumni now lead and support critical efforts to broaden our simple but powerful messages of healthy eating, physical fitness and mental resilience across America.

- **25%** of alumni have continued on to careers in medicine and nursing
- **23%** of alumni have continued on to careers in public health and healthcare fields
- **14%** of alumni have continued on to careers in education (teaching/school district roles)
- **12%** of alumni have continued on to careers in non-profit
- **3%** of alumni have continued on to with careers in law
- **23%** of alumni have continued on to careers in other fields (culinary, fitness, finance, marketing etc.)
HEALTHCORPS APPOINTS
FIVE NEW BOARD MEMBERS

HealthCorps elected five new members to its board of directors this year including Dr. Pedram Salimpour, Pamela Kehaly, Ranndy Kellogg, Reza Razzaghipour and Kristen Thomas.

“These individuals will strengthen our board with their breadth of talent and knowledge from their respective backgrounds. We are honored to welcome them and look forward to advancing our shared goal of a healthier future for all of America’s children,” said HealthCorps co-founder Dr. Mehmet Oz.

The addition of new board members is part of the organization’s strategy to strengthen relationships with corporate America and geographically diversify the board.

Pamela Kehaly is currently the President of Anthem’s West Region and Specialty Business. Among her many accomplishments is her major role in the development of Anthem’s Vivity program. Vivity, an integrated health network is a coordinated health system experience that includes care and coverage to achieve greater wellness.

Ranndy Kellogg is the President and CEO of Omron Healthcare, Inc. Omron Healthcare is a world leader in heart health and wellness technology. Kellogg served as vice-president and director of marketing for Baxter Healthcare prior to his work at Omron Healthcare.
Reza Razzaghipour is the Regional President of the Pacific Coast Community Bank for Wells Fargo. Razzaghipour oversees 1,700 banking professionals at 118 banking stores across California. Razzaghipour sits on the board of Casa Pacificas Center for Children and Families which serves abused and neglected children and adolescents.

Dr. Pedram Salimpour is an Iranian-American physician-scientist, author, professor, entrepreneur and business executive. He is the co-founder of CareNex Health Services, a 501(c)(3) organization that helps find affordable health insurance for poor families in the Los Angeles area. It also provides free referral services for foster children to have access to medical services. His other endeavors include Champion Health Enterprises, and Plymouth Health, the latter of which previously owned Alvarado Hospital in San Diego.

Kristin Thomas serves as Vice President of Public Relations for Continental Resources. Continental Resources is an oil and natural gas exploration and production company. Thomas was involved in bringing HealthCorps’ Living Labs program to Oklahoma City in 2012. The program is now in schools throughout the state.
MAJOR PROGRAM FUNDERS

$1,000,000
USANA Health Sciences

$500,000 – $999,999
NYC Department of Health & Mental Hygiene
The California Endowment

$250,000 – $499,999
Desert Healthcare District
The Chickasaw Nation

$100,000 – $249,999
Albert Einstein College of Medicine of Yeshiva University
California Walnut Board
Dalio Foundation
New Jersey Department of Health
Steven A. & Alexandra Cohen Foundation
The Sam J. Frankino Foundation

MAJOR DONORS

$50,000 – $99,999
Alexander Markowits / Spring Hills Senior Communities
Continental Resources, Inc.
Northeast Ohio Wellness Fund at Cleveland Clinic
Power Crunch
The Falic Family Foundation
(Duty Free Americas)
The Sol Goldman Charitable Trust
Tibor & Sheila Hollo Foundation

$25,000 – $49,999
Andrew L. Farkas, C-III Capital Partners LLC & Island Capital Group
Anthony Meyer / Meyer and Co., LLC
Better Body Foods
Dr. and Mrs. Mehmet Oz & Zoco Productions
Omron Foundation, Inc.
The Hearst Corporation
$10,000 – $24,999

Anthem Blue Cross Foundation LLC
Aramark Educational Services
Benzel Busch Motor Car Company
BrainTap Technologies
Bridgestone Americas Trust Fund
CAA Foundation (Creative Artists Agency)
Coachella Valley Nutrition Education & Obesity Prevention Program
Diane Procter & Dr. Ward Cunningham-Rundles
Dr. Pedram Salimpour
Haylie Pomroy Group, Inc.

James Cohen / Hudson Media Inc.
James Mead
John & Margo Catsimatidis / Red Apple Group
Joqueta Handy
Jordan Davis / Radius Ventures, LLC
Kate Lear / Francis Lear Foundation
Kind LLC
Lemole Family Charitable Trust
Sharecare
Solutions4 / Todd & Nancy Singleton

PATRONS

$5,000 – $9,999

Allen Grubman
Arthur Halper
Bianca Bosker
Jeremy Wodakow
Michael Young
Niko Elmaleh

Pacific Health Options Inc.
Prince Amukama / Samsung Hope For Children
RSM US LLP
The Stewart and Constance Greenfield Foundation
West New York Board of Education
$1,000 - $4,999

Dr. Scott Leist / Kings Highway Chiropractic Office
Dr. Stephen Josephson & Pat Heller
E & Y Management Service
Edward Weill
Emily C. Damiano & Yvonne Damiano
Eldredge
Eric Ratinoff
Food For Health Inc. / Youcef Gurnah
fresh & co.
Fruit Bliss
George Landon IV / Crystal Clear Finances
Gloria McCarthy
Guardian
Hiram Emery
Hub International Northeast Limited
Irvin G. Schorsch III
Jack & Annemarie Roberts
James Ferguson
Jesse Palmer
John Castle / John Connolly
John Finegan
JP Spiers PLLC / Dr. Dana Myers
Judith Mikacich
Keith Hernandez
Kenneth Abramowitz
Khan Siddiqui
Lara Price & Amy Hever
Lisa Breslau
Marie-Sixtine De Coral & Alfonso Lopez De La Osa
Mark Bigos
Mark Loetscher

Mary Anne Stephens Shula
Matthew Swift
Matthijssen Business System LLC
Melissa Burroughs
Meredith Asplundh
Merrill Richmond
Mindy Miralia
Patrick Mulvaney
Paul McNulty
Pennsylvania Capital Management, Inc.
Pfizer Foundation
Pier Sixty, LLC
Presbyterian Hospital
Regional Access Project Foundation
Richard Bell / Ray Bloch Productions
Roger W. Ross
Sarah McDevitt
Sean Callan
Susan Cahn & Mario Batali
Susan Margino Dunning & James Dunning
Tatyana Shkolna
The Fite Group
T-Mobile
Todd & Maria Sperber
Umberto Capodici
United Healthcare / Oxford
USA Technologies
Victoria Piccirillo
Violet Storer Revocable Trust

FRIENDS
$500 – $999

Alf Garner
Alison Diamond
Ashley Koff
Brian Murray
Caroline Anerz Adams
Collin Kearby
David Koenig
Dimitri Kessaris
Donna Mangubat
Dr. Gregg Rubinstein / 57th Street Chiropractic P.C.

Dr. Mark Hyman
Dr. Mohamed Mirza / Mirza Medical P.C.
Dr. Sudeeptha Varma
Ellen Asplundh
Emma Garner
Eva Gutowski
Gardener Family
Greater NY Chamber of Commerce / Mark Jaffee
iHeartMedia Management

Services, Inc.
Jill Herzig
Julie J. Ramos & Brian Stark
Kathanne Procter
Kyoko Loetscher
Melissa Egbert Sheehan
Michael & Shirley Wujek
Michelle Marquez
Michelle Bouchard
Montel Williams
Nathalie Casthely & Ivan

Kronenfeld
Norma Ruiz
Penguin Trading, Inc.
Philip Jacoby
Prr Diagnostic Medicine
Rachelle J. Troshinsky
The Brodovsky Foundation
Udo Erasmus
Usha Menard
IN-KIND SUPPORTERS

3Floral Design
ABC Television Studios
Alchemation
Alexandra Richards
Alta Luna
Anita’s Yogurt
Antonette Glenn
Awakened Films
Baby Foot USA
Bank of America
Bay Area Discovery Museum
Bespoke Events
Bespoke Theatricals
Big Picture Media
Bouley NYC
Bradford Renaissance Portraits Corp.
Brilliant Learning
Brooklyn Childern’s Museum
Bryan Cohen
California Walnut Board
Cancun Cards
Candice Kumai
Cappello’s
Carlo Security & Transportation Services
Carola Mack
Charlotte Hornets
Chase Chapman
Chelo Keys Photography
Chickpea & Olive
Children’s Museum of Pittsburgh
Coastal Craft Kombucha
Collective Vine
Cooper Company
Creative Artists Agency
CrowdRX
Daniel Bass
Dean Ornish
Deidre Murphy
Dodger Studios
East Coast A/V
Elite Island Resorts
Equinox
EventLights
Fairmont Dallas
Fleurs du Mois
Flora Inc.
Forever Young
fresh&co
Fruit Bliss
Glo Science
GoCharity
Grele Kasia
Haylie Pomroy Group, Inc.
Hearst Corporation
Heart Healthy Wealthy & Wise
Heartland Brewery
Heilbut, Radin and Cho Dentists
Hugh & Debora-Lee Jackman
Iliene Florals, Ltd.
Irks Florist
Jane Mogel
Kind Bars
Kinky Boots LLC
Kirsten Tempel
LazyBonezz
Light Up The Love
Little Miss Party Planner
Louis Corragio
Madison Avenue Chiropractic Center
Marriott Caribbean & Latin America Resorts
Mary Jo Medeiros
Mazon Bari
McKay Williamson
Nancy Risdon
National Artists Mgmt Co.
Natural Gourmet Institute
Nederlander
New York City Football Club
Nicole Miller
North of the Park Liquors
Oasis Day Spa
Old Westbury Gardens
Oriental Trading Co.
Pittsburgh Public Theater
Pixel Print
Productions 101
Punzone Vodka
Rachel Cho Florists
Rachel Gerner
Raw Chocolate Love
Reboot With Joe
Richards/Climan
Robert Soper
Robin Nenning
Rocco DiSpirito
RxBar
S’Terra Products
Sahaja Meditation
Salem Witch Museum
Select Management
Smart Stuff & Luv Michael
Southern Wine
Sue Madonia
Sun is Gonna Shine LLC
United Rentals
USTA Billie Jean King Tennis Center
Vinali
Wendy Williams Show
ZoCo Productions
# Statement of Financial Position

(with prior year summarized financial information)

<table>
<thead>
<tr>
<th>Assets</th>
<th>2016</th>
<th>2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash and Cash Equivalents</td>
<td>$164,443</td>
<td>$1,010,518</td>
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<tr>
<td>Grants, Contracts and Contributions Receivable, net</td>
<td>1,275,308</td>
<td>2,354,045</td>
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<tr>
<td>Prepaid Expenses</td>
<td>17,626</td>
<td>23,896</td>
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<tr>
<td>Property and Equipment, Net</td>
<td>192,468</td>
<td>191,195</td>
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<tr>
<td>Security Deposits and Other Assets</td>
<td>8,425</td>
<td>8,425</td>
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<tr>
<td><strong>Total assets</strong></td>
<td><strong>$1,658,270</strong></td>
<td><strong>$3,588,079</strong></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Liabilities</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Accounts payable and accrued expenses</td>
<td>$261,967</td>
<td>$314,501</td>
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<tr>
<td>Refundable advances</td>
<td>-</td>
<td>22,276</td>
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<tr>
<td>Line of credit</td>
<td>200,000</td>
<td>400,000</td>
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<tr>
<td>Deferred rent obligation</td>
<td>122,794</td>
<td>96,651</td>
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<tr>
<td>Capital lease obligations</td>
<td>53,755</td>
<td>28,408</td>
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<tr>
<td><strong>Total liabilities</strong></td>
<td><strong>$638,516</strong></td>
<td><strong>$861,836</strong></td>
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</tbody>
</table>

| Commitments and Contingencies             |            |            |

<table>
<thead>
<tr>
<th>Net assets</th>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Unrestricted</td>
<td>$236,332</td>
<td>$662,816</td>
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<tr>
<td>Temporarily restricted</td>
<td>783,422</td>
<td>2,063,427</td>
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<tr>
<td><strong>Total net assets</strong></td>
<td><strong>$1,019,754</strong></td>
<td><strong>$2,726,243</strong></td>
</tr>
<tr>
<td><strong>Total liabilities and net assets</strong></td>
<td><strong>$1,658,270</strong></td>
<td><strong>$3,588,079</strong></td>
</tr>
</tbody>
</table>
STATEMENT OF ACTIVITIES

(with prior year summarized financial information)

<table>
<thead>
<tr>
<th>Assets</th>
<th>Unrestricted</th>
<th>Temporarily Restricted</th>
<th>2016</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Support and Revenue</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grants and contracts</td>
<td>$ 1,869,674</td>
<td>$ 350,000</td>
<td>$ 2,219,674</td>
<td>$ 3,552,399</td>
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<td>Contributions</td>
<td>1,178,641</td>
<td>170,000</td>
<td>1,348,641</td>
<td>1,801,987</td>
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<td>Special events</td>
<td>941,454</td>
<td></td>
<td>941,454</td>
<td>771,925</td>
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<tr>
<td>HealthCorps Univ.</td>
<td>113,500</td>
<td></td>
<td>113,500</td>
<td>-</td>
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<tr>
<td>Interest income</td>
<td>52,018</td>
<td></td>
<td>52,018</td>
<td>28,210</td>
</tr>
<tr>
<td>Net assets released from restrictions used for programs</td>
<td>1,800,005</td>
<td>(1,800,005)</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Total Support &amp; Revenue</td>
<td>5,955,292</td>
<td>(1,280,005)</td>
<td>4,675,287</td>
<td>6,154,521</td>
</tr>
<tr>
<td>Functional Expenses</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program services</td>
<td>4,883,102</td>
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<td>4,883,102</td>
<td>5,978,625</td>
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<tr>
<td>General and administrative</td>
<td>708,854</td>
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<td>708,854</td>
<td>831,794</td>
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<tr>
<td>Fund-raising</td>
<td>789,820</td>
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<td>789,820</td>
<td>1,008,820</td>
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<tr>
<td>Total functional expenses</td>
<td>6,381,776</td>
<td></td>
<td>6,381,776</td>
<td>7,819,239</td>
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<tr>
<td>Change in net assets</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Net assets</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beginning of year</td>
<td>(426,484)</td>
<td>(1,280,005)</td>
<td>(1,706,489)</td>
<td>(1,664,718)</td>
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<tr>
<td>End of year</td>
<td>$ 236,332</td>
<td>$ 783,422</td>
<td>$ 1,019,754</td>
<td>$ 2,726,243</td>
</tr>
</tbody>
</table>

HealthCorps, Inc. 33 Irving Place, 3rd Floor, New York, NY 10003   |   tel. 212.742.2875