



We make teens happier and healthier through practical lessons in nutrition, mental and physical strength.

**1,840,000+**  
IMPACTED TO DATE



**NUTRITION**  
choose real food



**FITNESS**  
burn calories better



**RESILIENCE**  
embrace challenges

 **HCLL**  
healthcorps  
living labs

A network of  
full-time coordinators  
in high need  
high schools  
across America

A large, stylized pink apple with a light blue stem and leaf. The text is overlaid on the apple.

**261**  
COORDINATORS  
(FUTURE PRACTITIONERS  
& POLICY MAKERS)  
TRAINED TO DATE

 **HCU**  
healthcorps  
university

An intensive  
professional development  
program that certifies  
participants to bring our  
curriculum to schools  
and organizations